



Applied Nutraceuticals
Better results through science

2010 NPC UPSTATE CLASSIC ENTRY FORM

Entry Fee: \$45 if postmarked before July 24th; \$55 if postmarked after July 24th

MONEY ORDERS made payable to Dutch Strength Promotions

CASH ONLY DAY of WEIGH-IN; PERSONAL CHECKS can be used for N.P.C. CARDS (\$90).

ALL NPC rules apply! Please Mail in 2 weeks before show.

Name _____ NPC Card # _____

Address _____ Apt #: _____

City _____ State _____ Zip _____

Phone _____ Age _____ Email _____

Height _____ Weight _____ Gym _____

Titles/Info _____

IN CONSIDERATION OF YOU ACCEPTING THIS ENTRY, I HEREBY, INTENDING TO BE LEGALLY BOUND FOR MYSELF, MY HEIRS, EXECUTORS OR ADMINISTRATORS, WAIVE AND RELEASE ALL RIGHTS AND CLAIM FOR DAMAGES I MAY HAVE AGAINST SOLID ATTITUDE ENTERTAINMENT, INC./TRES BENNETT/NPC/THE KOGER CENTER AND THEM OR THEIR AGENTS, REPRESENTATIVES, AND ASSIGNS FOR ANY AND ALL INJURIES SUFFERED BY ME AT SAID PHYSIQUE CONTEST.

Competitor _____ Date _____

Competitor-Parent/Guardian (if Competitor is under 18) _____

DIVISION IN WHICH YOU INTEND TO COMPETE (Please check):

BODYBUILDING:

Men's Open: Bantamweight (up to 143 1/4) Lightweight (over 143 1/4 to 154 1/4) Middleweight (Over 154 1/4 to 176 1/4)
 Light-Heavyweight (Over 176 1/4 to 198 1/4) Heavyweight (Over 198 1/4 to 225) Super Heavyweight (Over 225)

Women's Open: Lightweight (up to 115) Middleweight (Over 115 to 125)
 Light-Heavyweight (Over 125 to 140) Heavyweight (Over 140)

Men's Junior: Lightweight (Up to 165 1/4) Middleweight (Over 165 1/4 to 187 1/4) Heavyweight (Over 187 1/4)

Collegiate: Lightweight (Up to 187 1/4) Heavyweight (Over 187 1/4)

Novice: Lightweight (Up to 187 1/4) Heavyweight (Over 187 1/4)

Teenage: One Class

Masters Men (Over 35): One Class Masters Men (Over 50): One Class

WOMEN'S FITNESS: One Class BIKINI Class A (Up to 5'4") Class B (Over 5'4")

WOMEN'S FIGURE: Class A (Up to 5'4") Class B (Over 5'4" to 5'6") Class C (Over 5'6") MASTER'S FIGURE: One Class

INFORMATION:

Dennis Hulst 864-415-0000
Email: Dutchstrength@hotmail.com

TICKETS:

PREJUDGING: \$15.00 (Open Seating)
FINALS: \$25.00 (All Seats Reserved)
Call 828-989-0598 or via internet @ dutchstrength@hotmail.com

MAIL ENTRY FORM to:

Davina Lucas
855 White Oak Mtn Rd.
Columbus, NC 28722

WEIGH-INS:

FRIDAY: August 6th 6PM – 8PM @ Courtyard Marriott
SATURDAY: August 7th 8AM - 9AM @ USC Performing Art Theater

SHOW TIMES:

PREJUDGING: 10AM
FINALS: 6:30PM

HOST HOTEL:

Courtyard Marriott Spartanburg, SC
110 Mobile Drive 864-585-24000
Mention Dutch Strength Promotions for Special Group Rate
Group Rate \$64/night

DIVISIONS/AWARDS

MEN'S OPEN 1st - 3rd & Overall
MEN'S JUNIOR 1st - 3rd & Overall
TEENAGE & MASTERS 1st - 3rd
WOMEN'S FITNESS 1st - 3rd
WOMEN'S FIGURE 1st - 3rd & Overall
WOMEN'S OPEN BB 1st - 3rd & Overall
MASTER'S FIGURE 1st - 3rd
BIKINI 1st - 3rd & Overall
NOVICE 1st - 3rd & Overall
COLLEGIATE 1st - 3rd & Overall

MUSIC:

NO Profanity
90 SECOND BODYBUILDING
2 MINUTE FITNESS
NO Commercial Tapes/CDs